

## **2nd Sunday in Advent**

*The visitation: Elizabeth meets Mary at the C-bar over skinny decaf cappuccino and carrot cake.*

Jan Hynes, 2002.

### **Luke 1: 39-58 [The Message]**

#### **Visitation**

Mary didn't waste a minute. ...

**Reflection:** (look carefully at the image, from bottom to top)

The artist has depicted Mary and Elizabeth meeting in a specific café in her home town. The Spirit of God is represented by the seagull. God is present in the ordinary places and experiences of life as well as the bigger ones. What may be a surprise or shock to us is never outside the presence of God. In what ways would Mary and Elizabeth have felt differently about their situations?

#### **Ritual:**

Expectations can be heavy on us at this time of the year. Invite someone to share 'coffee and cake' with you and talk about expectations you have carried for yourself, or others have imposed on you. Talk about what is reasonable and how you will respond. Every time you light the second candle remember the changes you want to make.

Advent in Art is a project of World Vision New Zealand and Australia for the spiritual nurture of their staff.